

Client: Tolunay Kaya
DOB: 12/14/1995
Provider: Leslie Medrano



General Anxiety Disorder-7 (GAD-7)

Over the last 2 weeks, how often have you been bothered by the following problems?

1. Feeling nervous, anxious, or on edge: Several days (1)
2. Not being able to stop or control worrying: Several days (1)
3. Worrying too much about different things: Over half the days (2)
4. Trouble relaxing: Over half the days (2)
5. Being so restless that it's hard to sit still: Several days (1)
6. Becoming easily annoyed or irritable: Not at all sure (0)
7. Feeling afraid as if something awful might happen: Over half the days (2)

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

- Very difficult